



WELCOME TO SETA

2023-24 ANNUAL REPORT

LETTER FROM THE DEPUTY DIRECTOR

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FAMILY AND COMMUNITY ENGAGEMENT PROGRAM HIGHLIGHTS

HEALTH AND CHILD DEVELOPMENT PROGRAM HIGHLIGHTS

DELEGATES AND PARTNERS

WELCOME TO SETA

AS THE DEPUTY DIRECTOR OF SETA CHILDREN AND FAMILY SERVICES, I PROUDLY PRESENT THE 2023-2024 ANNUAL REPORT.

For over 43 years, Sacramento Head Start has made a positive impact on the lives of children and families in the communities we serve.

Leadership, dedicated staff, the Parent Advisory Committee, Policy Council, and Board members have exhibited a commitment to excellence in child development, school readiness, health, nutrition, mental health, and family support services.

This report will provide program data and analysis regarding Sacramento Head Start's operational and financial performance, child outcomes, program goals, and plans.



It will highlight areas of amazing accomplishments. We provide high-quality early childhood education to over 4,400 children and families and we continue to work as a community to make a positive impact on our children's overall development.

We also recognize there have been challenges, but we view these challenges as opportunities for ongoing growth. Our program has developed a robust enrollment plan and implemented innovative outreach approaches to recruit eligible families and qualified staff in partnership with the federal Office of Head Start and the training and technical assistance network. We have strengthened strategies for supervision and interactions to ensure children have the opportunity to grow and prosper in safe and healthy learning environments.

In the new 5-year grant cycle beginning 2024-2025, we remain focused on supporting children, families, and staff for a stronger future, kindergarten, and beyond.

KAREN GRIFFITH

DEPUTY DIRECTOR, SETA CHILDREN AND FAMILY SERVICES

SETA HEAD START MISSION

To improve the lives of low-income children by providing quality comprehensive child development services that are family focused, including education, health, nutrition and mental health.

BUDGET AND EXPENDITURES

HEAD START (PRESCHOOL)

	2023-2024			Next Year 2024-2025
	Budget*	Expenditures	In-kind	Budget
SETA Operated Program	\$31,841,086	\$31,123,639	\$9,424,218	\$29,487,555
Elk Grove USD**	\$5,230,056	\$4,006,951	\$1,278,582	\$4,057,456
Sac City USD	\$7,736,113	\$6,551,547	\$2,367,327	\$6,455,105
San Juan USD**	\$11,886,763	\$7,724,027	\$2,735,356	\$7,514,513
Twin Rivers USD**	\$3,178,160	\$2,128,749	\$407,131	\$2,509,824
Women's Civic Improvement Club**	\$1,530,064	\$1,309,517	\$399,331	\$1,456,014
Total	\$61,402,242	\$52,844,430	\$16,611,945	\$51,480,467
<small>* The budget represents Basic, COLA, TTA and Carryover funds. Carryover funds are earmarked for specific projects that were not completed by the end of the previous fiscal year. **Programs obtained inkind waiver from ACF.</small>				

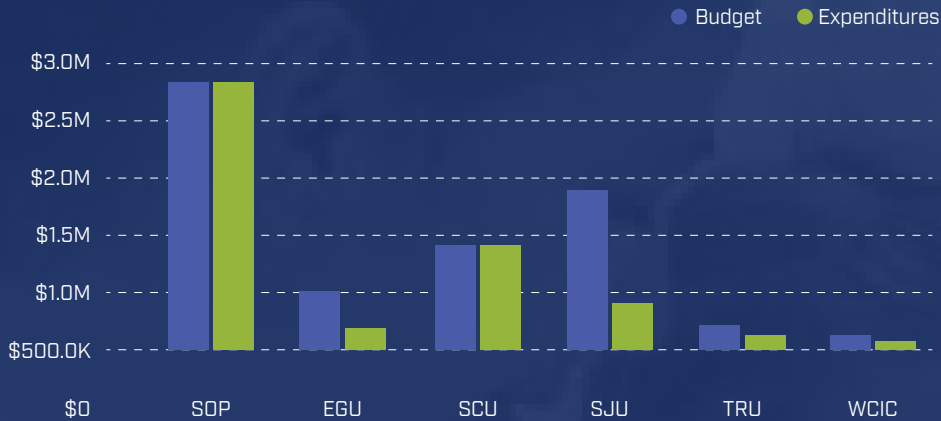
EARLY HEAD START (INFANT/TODDLERS)

	2023-2024			Next Year 2024-2025
	Budget*	Expenditures	In-kind	Budget
SETA Operated Program	\$15,339,730	\$12,634,915	\$6,643,931	\$19,370,581
Sac City USD**	\$316,290.00	\$31,437	-	\$316,290
San Juan USD	\$2,669,889	\$1,940,784	\$1,279,287	\$2,871,132
Twin Rivers USD**	\$1,221,635	\$1,078,522	-	\$1,126,092
Total	\$19,547,544	\$15,685,658	\$7,923,218	\$23,684,095
<small>*The budget represents Basic, COLA, TTA, and Carryover funds. Carryover funds are earmarked for specific projects that were not completed by the end of the previous fiscal year. **Programs obtained in-kind waiver from ACF.</small>				

BUDGET AND EXPENDITURES

COVID-19-RELATED FUNDING 2021-2024

American Rescue Plan Act (ARPA) – Head Start and Early Head Start



SOP :
SETA Operated Program

SJU :
San Juan USD

EGU :
Elk Grove USD

TRU :
Twin Rivers USD

SCU :
Sac City USD

WCIC :
Womens Civic Improvement Club

Total Budget:

\$6,111,722

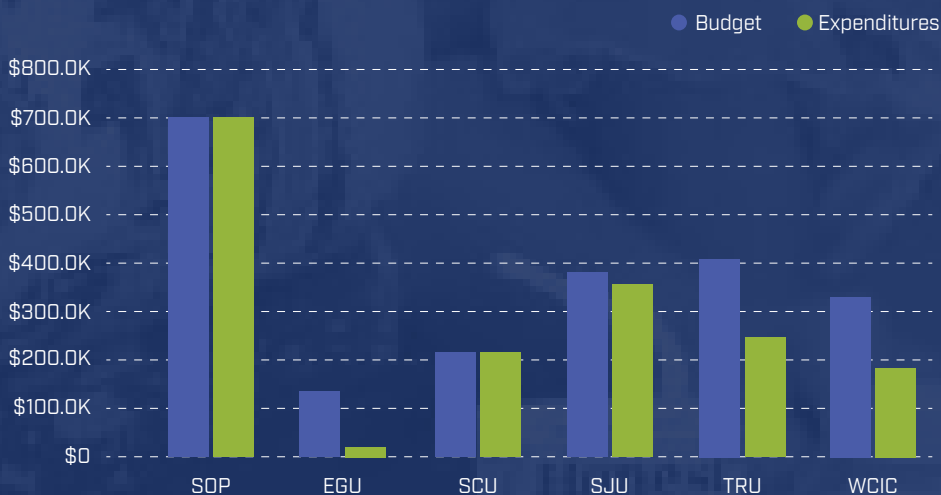
Total Expenditures:

\$4,440,870

*The budget includes one-time ARP supplemental funding. Funds not fully expended are earmarked for specific projects/purchases that will be completed no later than March 31, 2024. Head Start/Early Head Start had no financial or compliance audit findings on the June 30, 2023 audit report. The June 30, 2024 audit is in process.

CORONAVIRUS RESPONSE AND RELIEF SUPPLEMENTAL APPROPRIATIONS 2021-2024

Coronavirus Response and Relief Supplemental Appropriations (CRRSA) – Head Start and Early Head Start



SOP :
SETA Operated Program

SJU :
San Juan USD

EGU :
Elk Grove USD

TRU :
Twin Rivers USD

SCU :
Sac City USD

WCIC :
Womens Civic Improvement Club

Total Budget:

\$1,537,351

Total Expenditures:

\$1,355,809

*The budget includes one-time CRRSA supplemental funding. Funds not fully expended are earmarked for specific projects/purchases that will be completed no later than March 31, 2024. Head Start/Early Head Start had no financial or compliance audit findings on the June 30, 2023 audit report. The June 30, 2024 audit is in process.

PARTICIPANT AND STAFF DEMOGRAPHICS

COUNTYWIDE HEAD START



5647

Total Number of
Children Served



47

Total Number of
Pregnant Moms Served



5235

Total Number of
Families Served



87

% Average Monthly
Enrollment

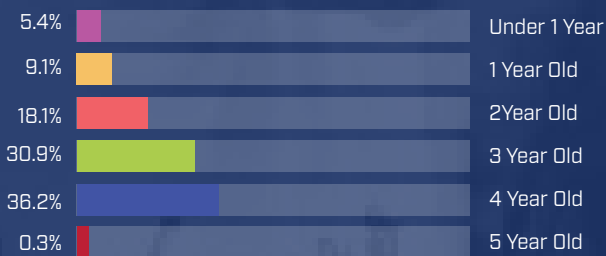


79

% Average
Monthly Enrollment

CHILD DEMOGRAPHICS

CHILD AGES



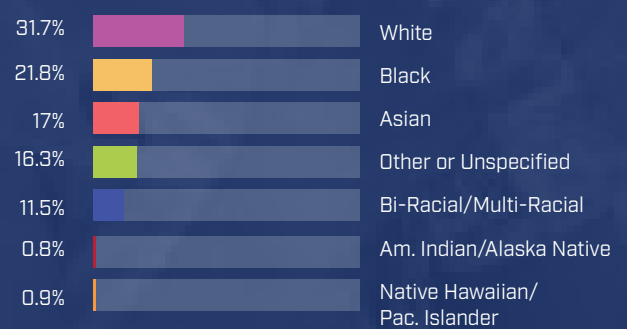
PRIMARY LANGUAGE



ETHNICITY



RACE



1.6%

Children in Foster Care



4.4%

Children Experiencing Homelessness

PARTICIPANT AND STAFF DEMOGRAPHICS

FAMILY DEMOGRAPHICS

SINGLE VS. TWO FAMILY HOUSEHOLDS

50.3%

One Parent Families

49.7%

Two Parent Families

HIGHEST HOUSEHOLD EDUCATION LEVEL

12.5%

Advanced or
Baccalaureate
Degree

28.8%

Associate
Degree,
Vocational School

41.7%

High School
Graduate
or GED

17.0%

Less than High
School
Graduate

NUMBER OF FAMILIES RECEIVING GOVERNMENT ASSISTANCE



20.6%

TANF



2.5%

SSI



59.9%

WIC



43.1%

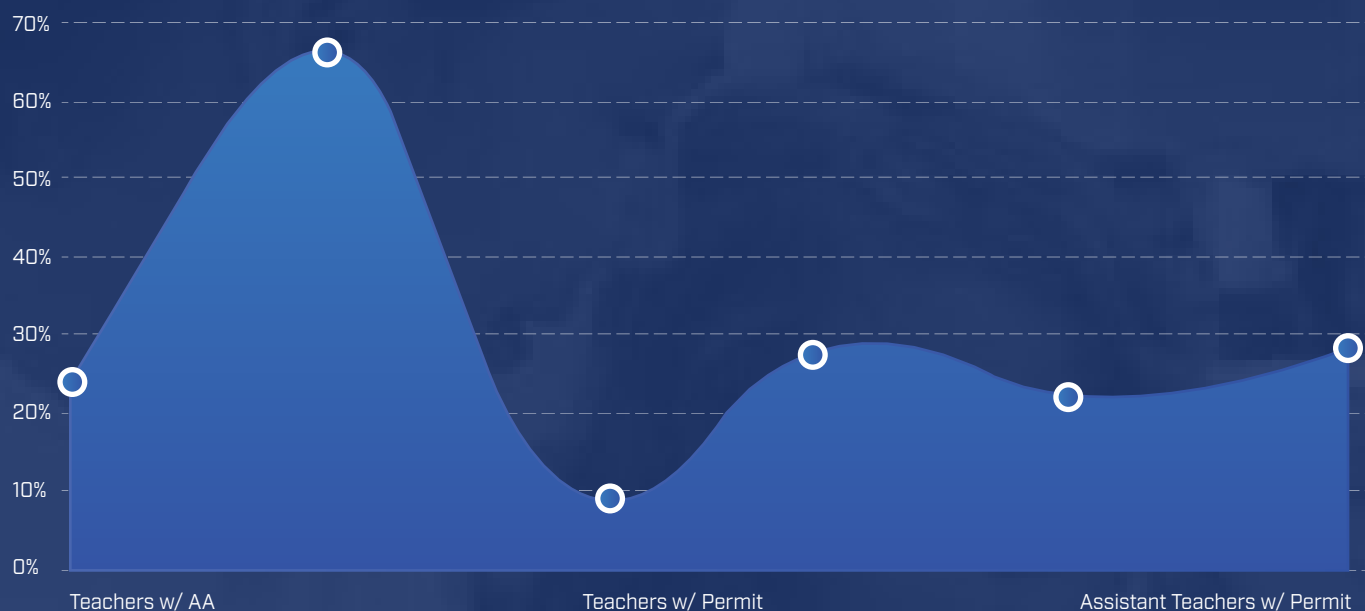
SNAP

91.2% of families received at least one family service during the program year.

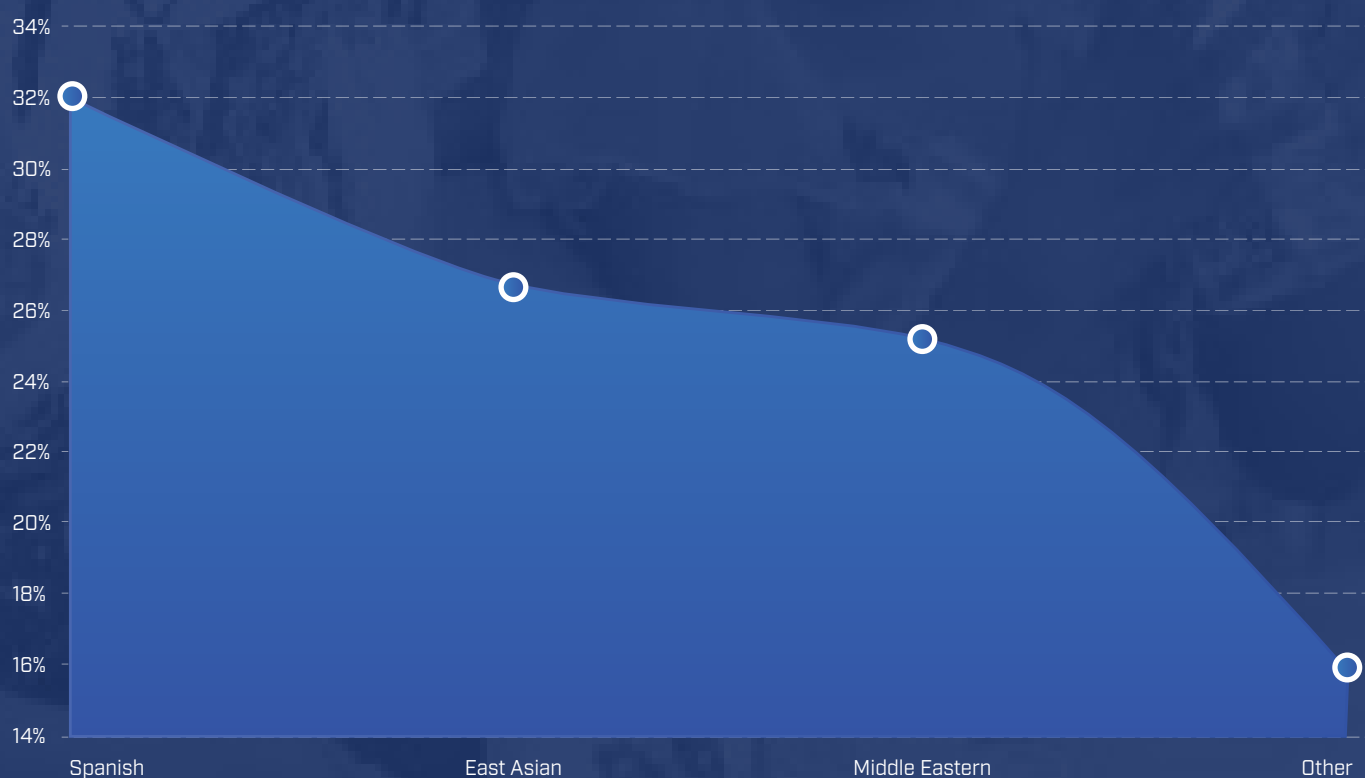
PARTICIPANT AND STAFF DEMOGRAPHICS

STAFF DEMOGRAPHICS

HEAD START TEACHING STAFF EDUCATION



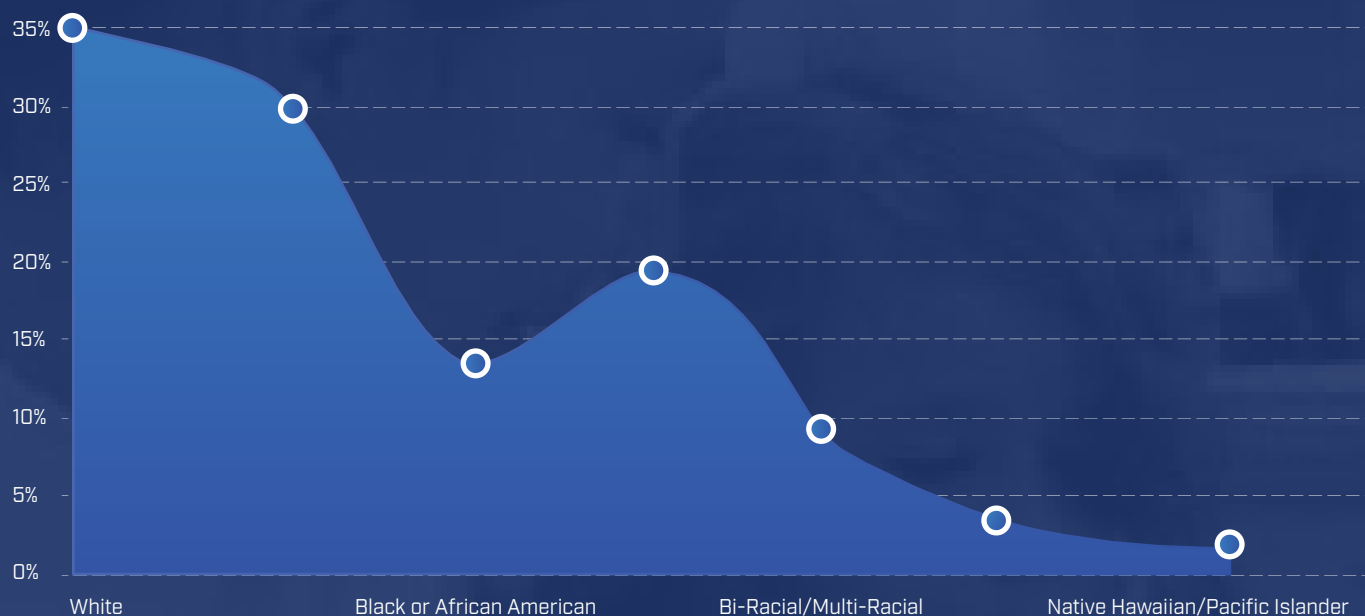
TEACHING STAFF WHO SPEAK A LANGUAGE OTHER THAN ENGLISH



PARTICIPANT AND STAFF DEMOGRAPHICS

STAFF DEMOGRAPHICS

HEAD START TEACHING STAFF RACE



SCHOOL READINESS AND EDUCATION PROGRAM HIGHLIGHTS

STAFF DEMOGRAPHICS

HEAD START APPROACH TO SCHOOL READINESS

SAFE



HEALTHY AND WELL



LEARNING AND DEVELOPING



READY FOR SCHOOL



THE HEAD START WAY MEANS CHILDREN ARE READY FOR SCHOOL,
FAMILIES ARE PREPARED TO SUPPORT THEIR CHILDREN'S LEARNING
AND SCHOOLS ARE READY FOR CHILDREN (HEAD START ECLKC).

CURRICULUM AND PROGRAM PRACTICES

SETA, along with its delegate agencies and EHS partners, implement a comprehensive curriculum that meets the needs of the children enrolled in the program. In the Head Start and Early Head Start center-based program option, Creative Curriculum, is used. Parents as Teachers curriculum is used in the home-based program.

SCHOOL READINESS AND EDUCATION PROGRAM HIGHLIGHTS

DESIRED RESULTS DEVELOPMENTAL PROFILE DATA (DRDP)

The Desired Results Developmental Profile (DRDP) is used for child assessment to measure developmental progress across multiple domains. Each agency measures growth in all areas and the data is analyzed at the individual child, classroom, center, agency, and countywide levels.

SACRAMENTO COUNTYWIDE HS PRESCHOOL DRDP DATA 2023-2024

Domain	Fall 2023 *	Spring 2024*	Percentage of Growth
Approaches to Learning	42%	77%	83%
Social-Emotional Development	46%	83%	80%
Language and Literacy Development	38%	77%	102%
Cognition, Math and Science	39%	59%	52%
Physical Development	60%	86%	43%
English Language Development	68%	84%	23%
*Percentage of children rating in the top two developmental levels of DRDP Building/Integrating			

SACRAMENTO COUNTYWIDE EHS DRDP DATA 2023-2024

Domain	Fall 2023 *	Spring 2024*	Percentage of Growth
Approaches to Learning	22%	27%	34%
Social-Emotional Development	22%	25%	34%
Language and Literacy Development	25%	32%	40%
Cognition, Math and Science	15%	21%	33%
Physical Development	32%	41%	47%
*Percentage of children rating in the top two developmental levels of DRDP Building/Integrating			

SCHOOL READINESS AND EDUCATION PROGRAM HIGHLIGHTS

KEY FINDINGS

SACRAMENTO COUNTYWIDE HS PRESCHOOL DROP DATA 2023-2024

HS Preschool

Language and Literacy Development domain saw the most significant growth. Responsiveness to Language and Communication (Expressive) Measure within this domain had the highest number of children scoring in the top two developmental levels. Phonology Measure had the lowest percentage in both Building Later and Integrating levels. Cognition, while having a smaller percentage increase at 52%, still showed a larger increase in the 2023-24 program year as compared to 2022-23. Number Sense of Quantity Measure within this domain had the highest number of children scoring in the top two developmental levels, while there was a tie between four measures for the lowest percentage of children scoring in those same developmental levels (22%) in Number Sense of Math Operations, Patterning, Inquiry Through Observation and Investigation, and Documentation and Communication of Inquiry. Physical Development's growth percentage was the smallest, but this domain had the highest number of children rating in the top two developmental levels than the others in the fall through spring.

EHS

Physical Development domain had the highest growth percentage increase from Fall to Spring at 47%. Cognition domain had the lowest overall growth percentage, but the second highest rate of children scoring in Building Earlier. Cause and Effect Measure within this domain had 31% of children scoring in Building Earlier, while Number Sense of Quantity Measure had the lowest percentage of children scoring in that same developmental level.

CLASS™

The Office of Head Start (OHS) uses the Classroom Assessment Scoring System (CLASS)® as a benchmark for high-quality teacher-child interactions. Scores are categorized into three domains. Programs use their CLASS observation results to guide professional development for teaching staff to improve and strengthen their interactions with children in the classroom.

COUNTYWIDE HEAD START PRE-K CLASS AVERAGE SCORE

	Emotional Support (ES) Domain	Classroom Organization (CO) Domain	Instructional Support (IS) Domain
Countywide Scores	6.4	6.3	3.5

SETA-OPERATED PROGRAM (SOP) EHS TODDLER CLASS AVERAGE SCORE

	Emotional and Behavioral Support (EBS) Domain	Engaged Support for Learning Domain
SOP Scores	6.8	4.22

Head Start Pre-K

In Emotional Support the lowest dimension was Regard for Student Perspective at 5.74; the highest was Teacher Sensitivity at 6.86. In Classroom Organization the lowest dimension was Instructional Learning Format at 5.53; the highest was Productivity at 6.88. In Instructional Support the lowest dimension was Concept Development at 3.03; the highest was Language Modeling at 4.01.

EHS

In Emotional and Behavioral Support, the lowest dimension was Behavior Guidance at 6.8; the highest was tied between Positive Climate and Teacher Sensitivity at 7 each. In Engaged Support for Learning the lowest dimension was Quality Feedback at 4.2; the highest was Facilitation of Learning and Development at 5.6.

SCHOOL READINESS AND EDUCATION PROGRAM HIGHLIGHTS

SUPPORTIVE APPLICATIONS

- ✓ Increased the number of SETA staff who are certified CLASS observers through in-house training
- ✓ Rollout of CLASS for Coaches three-part series for Site Supervisors, focused on ensuring high-quality coaching and modeling by supervisors, culminating in a two-day Practice-based Coaching (PBC)/Together Learning Collaborating (TLC) workshop
- ✓ Worked with the Training and Technical Assistance team from the Office of Head Start (OHS) to develop CLASS Implementation Plan
- ✓ CLASS consultation to delegate administrative teams
- ✓ Individualized coaching
- ✓ Region 9 STEM conference attendees from grantee to extend concept development
- ✓ CLASS observations countywide with one hour 1:1 feedback session

HOME-BASED PROGRAMS

COUNTYWIDE HOME-BASED PROGRAM – HEAD START AND EARLY HEAD START

Comprehensive services are provided in the home setting integrating health, dental, and mental health curriculum with in-home activities. SETA, San Juan USD, River Oak Center for Children, and the Sacramento County Office of Education use the Parents as Teachers (PAT) Foundational Curriculum as the evidence-based curriculum for both Early Head Start and Preschool Head Start Home Base. This curriculum emphasizes parenting and child development that engages the parent and child together. Early Head Start also enrolls pregnant mothers and the program uses Partners for a Healthy Baby as its home-visiting curriculum. Staff assist enrolled pregnant mothers in accessing pre-natal and postpartum health services, post-partum depression screenings, and nurse visits after delivery.



EDUCATION HIGHLIGHTS AND COMMUNITY PARTNERSHIPS

SACRAMENTO COUNTY OFFICE OF EDUCATION (SCOE) FULL INCLUSION

- ✓ The full-inclusion preschool program began in 1990 with a collaborative effort between SETA Head Start and the Sacramento County Office of Education (SCOE) Special Education Department.
- ✓ The goal of the program is to ensure children with disabilities participate in inclusive preschool settings with their typically developing peers.
- ✓ The early learning centers that currently have full-inclusion classrooms are Hillsdale, Grizzly Hollow, and Dudley.
- ✓ These three (3) centers have numerous sources of inclusive adult support in each classroom, which include the Head Start staff and SCOE staff, and provide a high-quality and developmentally appropriate curriculum.
- ✓ Valuable resources that SCOE provides as part of the partnership:

Training and professional development to staff (both programs)

Specialists to offer individualized services to children, e.g. speech therapists, occupational therapists, nurses, 1:1 aide, etc.

Access to information to individualize services for children with special needs

SCHOOL READINESS AND EDUCATION PROGRAM HIGHLIGHTS

WESTED MATH PROJECT

SETA has partnered with WestEd, a non-profit education research agency, to conduct a study of math tutoring for pre-kindergarten children who are behind in their math development over the past several years. Eighteen (18) classrooms participated in the project during the 2023-24 program year and worked with students as either part of the control group (business as usual) or the “treatment” group, receiving specialized professional development and curriculum supporting the Pre-K Mathematics Tutorial work.

CALIFORNIA STATE UNIVERSITY, SACRAMENTO (CSUS)

A longstanding partnership with CSU Sacramento has continued to provide student volunteers to support children’s learning. This partnership offers approximately 25 students each semester the opportunity to gain firsthand teaching experience through SETA by serving as substitute teachers in Head Start and Early Head Start classrooms.

JumpStart, a literacy-based intervention program, provides roughly 20 college students at multiple Head Start centers. They provide additional curriculum activities focused on literacy and social-emotional skills. Results from a recent study found that JumpStart children make 1.5x greater gains in important literacy skills than those who don’t receive JumpStart services.

CAL FRESH NUTRITION PARTNERSHIP

Designed by the University of California Agriculture and Natural Resources, the Go, Glow, Grow curriculum supports teachers in promoting healthy lifestyles in preschool classrooms. The age-appropriate small and large group activities in the resources encourage children to eat healthy foods that promote brain growth and healthy bodies. Caregivers play an essential role when they model food tasting and create a positive environment that supports mealtime behavior, picky eaters, and children experiencing food insecurity.

Parent letters, in conjunction with the lessons, allow for the home-school connection. Families also receive healthy recipes they can complete with their children at home. Eighteen sites took part in the program this past year and have enjoyed bringing cooking activities into the classroom and homes.

COMMUNITY OF PRACTICE: SUPPORTING THE SCHOOL READINESS AND SUCCESS OF YOUNG AFRICAN-AMERICAN BOYS

SETA applied for and was chosen as one of twelve agencies in Region 9 to participate in the Community of Practice (COP): Supporting the School Readiness and Success of Young African-American Boys. Over the last year a core group of members across multiple units took a look at internal practices and identified a goal to address disparities in access and programmatic experience for African American boys served in SETA-Operated Program classrooms. In the first year of implementation, activities have included analysis of program data, training of teaching staff, presentations to governing bodies and an interactive session with families.

The goal identified for SETA is:

By the end of the 2024-2025 program year, SETA will advance social emotional outcomes of African American boys through implementation of equitable, inclusive, and culturally responsive strategies and practices across all service areas.



SCHOOL READINESS AND EDUCATION PROGRAM HIGHLIGHTS

PROFESSIONAL DEVELOPMENT



Staff were able to participate in multiple training opportunities to promote operational skills and leadership development. This included attending the Science, Technology, Engineering, and Math (STEM) Conference in Phoenix Arizona, where staff not only went as participants but also took part in a panel discussion about incorporating STEM into the school day. The capacity of SETA staff to provide internal training has grown, and the agency was able to hold more regular small group training events on topics such as Social Emotional Development and CLASS

Working in collaboration with Training and Technical Assistance from the Office of Head Start, a CLASS Implementation Plan was developed to help increase CLASS scores for both SETA and Delegate agencies over the next five years. This includes the new California State Preschool Program (CSPP) requirement of switching to CLASS 2.0 from the current CLASS 2008 assessment system, and how to do so sustainably.

Through this approach, staff were able to receive more individualized support in understanding the material and have more individual coaching opportunities. A pilot group of Teachers implemented the newest edition of Creative Curriculum (the 6th edition) and provided feedback on the changes and process to the School Readiness Program Officer. This was critical information to gather as in 2024-25 the Creative Curriculum 6th edition will roll out across all SETA Pre-K classrooms.



“

ACKNOWLEDGEMENT

Sacramento Public Library's partnership with SETA Head Start has allowed us to further our goal of providing early learning experiences and resources to Sacramento families and caregivers. Through our partnership, we were able to distribute 4 different Early Learning at Home kits, for a total of 2,118 kits, each including a book, an early learning tip sheet, and playful manipulatives to highlight featured early learning skills to Early Head Start families in the North Sacramento and Del Paso Heights communities. We also provided information about the library's Storytime and Explore and Learn programs.

Soua Kue

Library Associate - Sacramento Public Library



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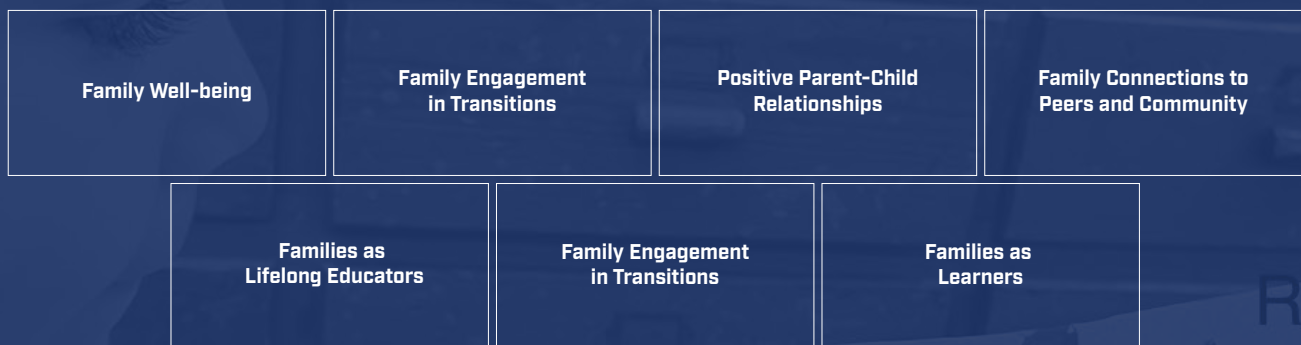
FAMILY AND COMMUNITY ENGAGEMENT PROGRAM HIGHLIGHTS

HS/EHS FAMILY OUTCOMES SURVEY (SETA OPERATED PROGRAM)

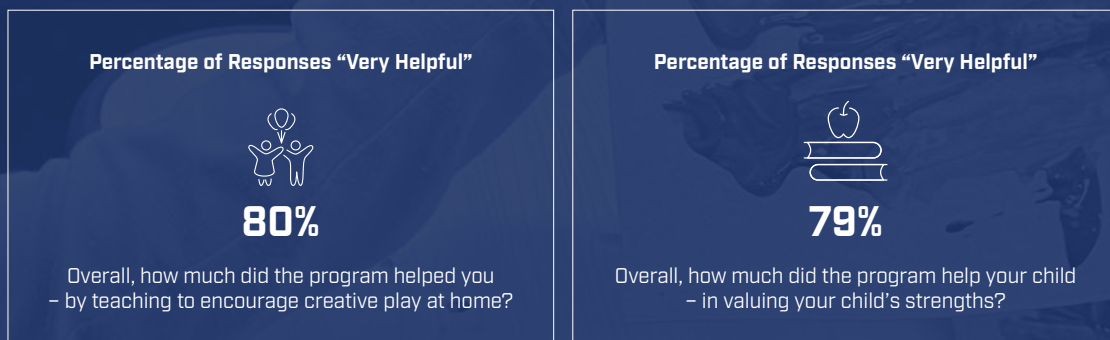
At the beginning of every program year, SETA conducts the Childcare Results (CCR) Strengths, Needs, and Interest Parent Survey (SNIPS) that measures individual family stability and immediate needs and interests. This allows the program staff to identify any needs or trends that surface for families. Collected data is analyzed by classroom, by individual site, and across the entire program. Based on the results, SETA provides resources including parent workshops on topics that have been identified in the SNIPS survey.

At the end of the year, another survey called the Family Outcomes Survey is conducted to measure parents' opinions on how much they and their families have benefited from Head Start. Parents rate the program by selecting a response of "Did Not Need Help", "Not Helpful", "Somewhat Helpful", or "Very Helpful". The questions correspond to the seven Family Engagement Outcomes in the Head Start Parent, Family, and Community Engagement Framework.

HEAD START FAMILY ENGAGEMENT OUTCOMES:



CENTER-BASED AND HOME-BASED PARENTS RATED THE SETA HEAD START



In 2023-2024 program year, center-based and home-based parents rated the SETA Head Start highly in Families as Lifelong Educators outcome, 80% of respondents rated as "Very Helpful" in teaching them to encourage creative play at home, understanding different ways that their children learn, and building their confidence that their children will succeed in elementary school.

Parents also rated SETA Head Start highly in Positive Parent-Child Relationships outcome, 79% of parents rated the program as "Very Helpful" in valuing their child's strengths, valuing home language in their child's learning, and learning how change affects their child's behavior.

FAMILY AND COMMUNITY ENGAGEMENT PROGRAM HIGHLIGHTS

HS/EHS FAMILY OUTCOMES SURVEY (SETA OPERATED PROGRAM)

ReadyRosie is a research-based parenting curriculum used by the Sacramento County Head Start programs to support family engagement. Families use online learning games and videos to help them with in-home teaching activities and to provide guidance in dealing with specific parenting experiences. Videos in the resource library are aligned with the Desired Results Developmental Profile (DRDP) and the Hawaii Early Learning Profile (HELP) assessment tools to support current lesson plans.



ABOUT READYROSIE

61

% – Ready Rosie Average
Utilization Rate Countywide

3130

Videos viewed by families

24

% – of engagement in ReadyRosie came
from playlists sent by the program

4746

By engaging with the ReadyRosie videos,
families had opportunities to learn about
language and literacy

1152

Recommended Playlists
were sent out this year

3193

By engaging with the ReadyRosie videos,
families had opportunities to learn about
math



IN 2023-2024, THE USE OF READY ROSIE VIDEOS ENHANCED PARENTING EDUCATION TO SUPPORT CHILD OUTCOMES.

2,391 opportunities to learn about social-emotional development.

6,070 opportunities to learn about health and wellbeing.

466 opportunities to learn about family well-being.

3,185 opportunities to learn about positive parent-child relationships.

3,185 opportunities to learn about families as lifelong educators.

23 families (51 individual participants) attended the in-person
ReadyRosie Family Nights focused on math, science, and family
engagement activities.



FAMILY AND COMMUNITY ENGAGEMENT PROGRAM HIGHLIGHTS

SETA hosted a parent cafe's for parents on the Parent Advisory Committee. Using questions related to the protective factors, families engaged in conversations identifying their support network, and what kinds of social and personal support they needed. Parents were also invited to attend a multi-day workshop on parenting and discipline. Parents learned about their emotional triggers and how to use positive guidance techniques with their children. In addition, sites hosted individual family activities, which included tea parties, STEM workshops, and financial literacy workshops with financial planners.



5 PROTECTIVE FACTORS PROMOTED BY PARTICIPATION IN PARENT CAFE'S:

- ✓ Building parental resilience
- ✓ Increasing knowledge of parenting and child development
- ✓ Developing concrete support in times of need and using communication tools to build social and emotional competence in children.
- ✓ Making positive social connections

MALE INVOLVEMENT PROGRAM

For the program year 2023-2024, SETA offered workshop opportunities for families to enhance their connection to peers and community, family well-being, and positive parent-child relationships. Families had the opportunity to participate in the launch of the countywide Male Involvement program, with a workshop titled "My Daddy is a Pretzel". This allowed the parent and the child to engage in play and yoga together.



FAMILY AND COMMUNITY ENGAGEMENT PROGRAM HIGHLIGHTS

RECRUITMENT AND COMMUNITY OUTREACH

In 2023-24, the SETA Children and Family Services Unit participated in multiple in-person recruitment and community outreach activities. Staff hosted recruitment booths in Sacramento County events including International Kids Day, Halloween Festival, Spring Festivals, Rio Linda County Fair Festival, WIC Breast Feeding Celebration, National Night Out, diaper distributions, library events, and community baby showers. Head Start was also represented in community health and resource fairs such as Healthy Day Sacramento, Celebrando Nuestra Salud, community resource fairs, and job fairs.

Every month, staff attended the Network Café, where over 70 representatives from local health-services organizations were gathered to learn about services, collaborate on issues, generate solutions to serve their community, build partnerships, and share updates about their community. Staff also presented at various community organizations to inform about the Head Start Program and how to refer families to the program. Staff participated in presenting at Women's Empowerment to inform class participants of program options.

Other community partnerships included the Sacramento Crisis Nursery and Alta California Regional Center which sent direct client referrals. The Sacramento Public Library donated 5 different library kits, to Head Start centers in the 95815, 95833, and 95838 zip codes and to all families in the Home Base option.

At these community events and connections, program inquiries were generated and Head Start community awareness was raised.



FAMILY AND PARENT ENGAGEMENT



PARENT ADVISORY COUNCIL (PAC) AND POLICY COUNCIL (PC) PARENTS

In addition to the monthly Policy Council and committee meetings, parents on the boards engage in many training, educational, and bonding activities for team building and leadership development. In 2023-2024, Policy Council parents attended the 2024 Head Start Conference (HSC) Annual Conference on February 26 – March 1, 2024, in Long Beach, CA, and the 2024 National Head Start Conference (NHSA) in Portland, Oregon from April 15-18, 2024.

HEALTH AND CHILD DEVELOPMENT PROGRAM HIGHLIGHTS

HEALTH INFORMATION



94%

of families enrolled in
Head Start/Early Head Start
have a medical home



95%

of families enrolled in Head
Start/Early Head Start have
medical coverage



80%

of children completed a
professional dental examination
during the program year



91%

of children are up-to-date
on all immunizations
appropriate for their age

CHILD HEALTH & DEVELOPMENT SERVICES

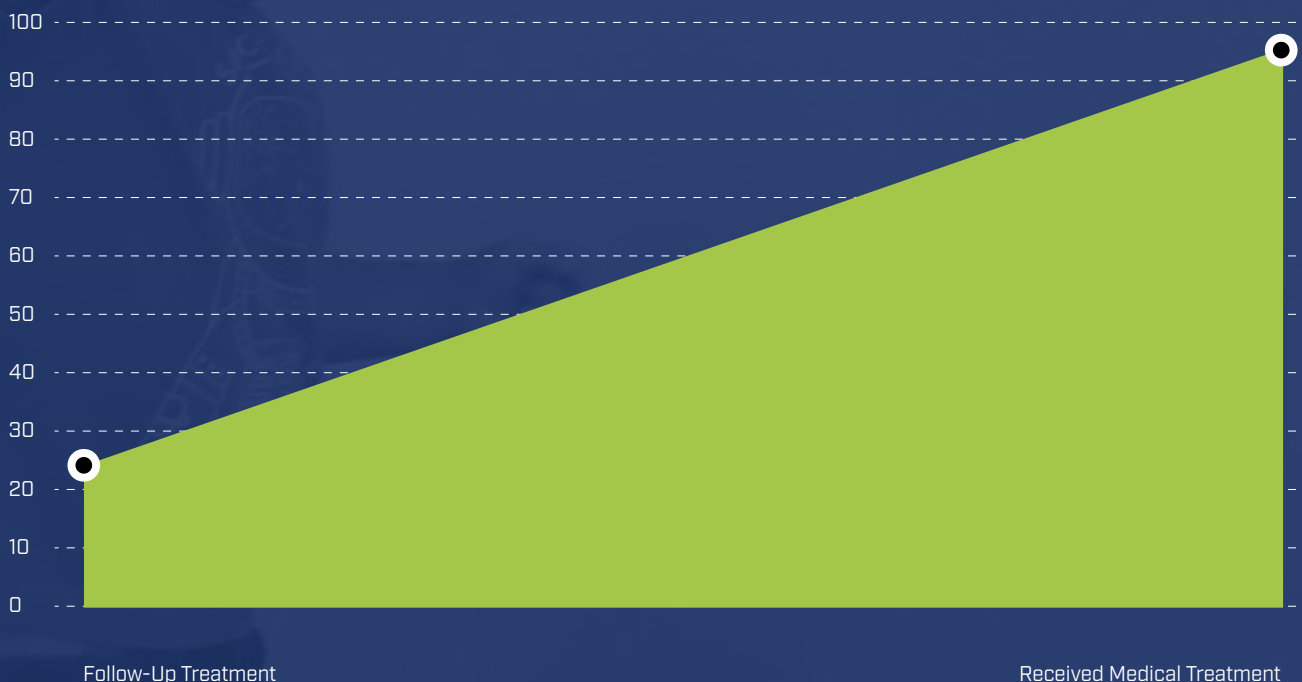
3211

Number of children
had medical screenings

2721

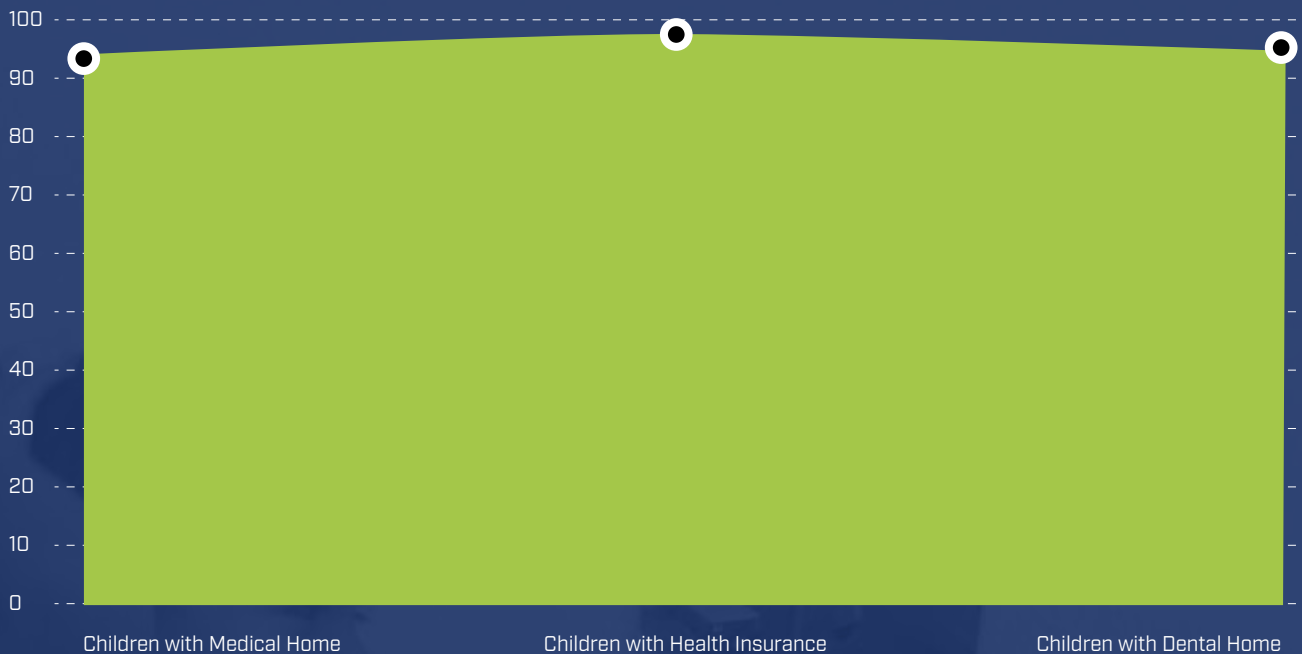
Number of newly enrolled children had developmental,
sensory, and behavioral screenings

MEDICAL TREATMENTS

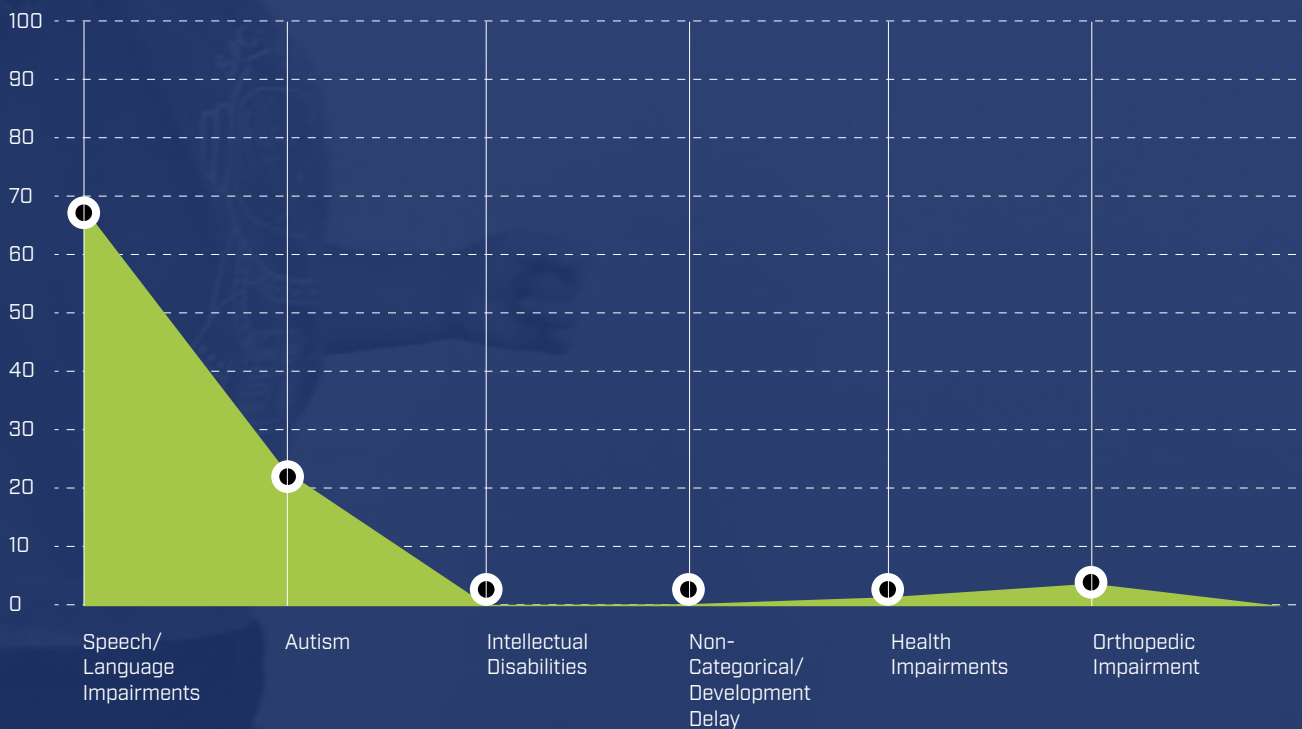


HEALTH AND CHILD DEVELOPMENT PROGRAM HIGHLIGHTS

ACCESS TO MEDICAL/DENTAL SERVICES



TYPES OF DISABILITIES

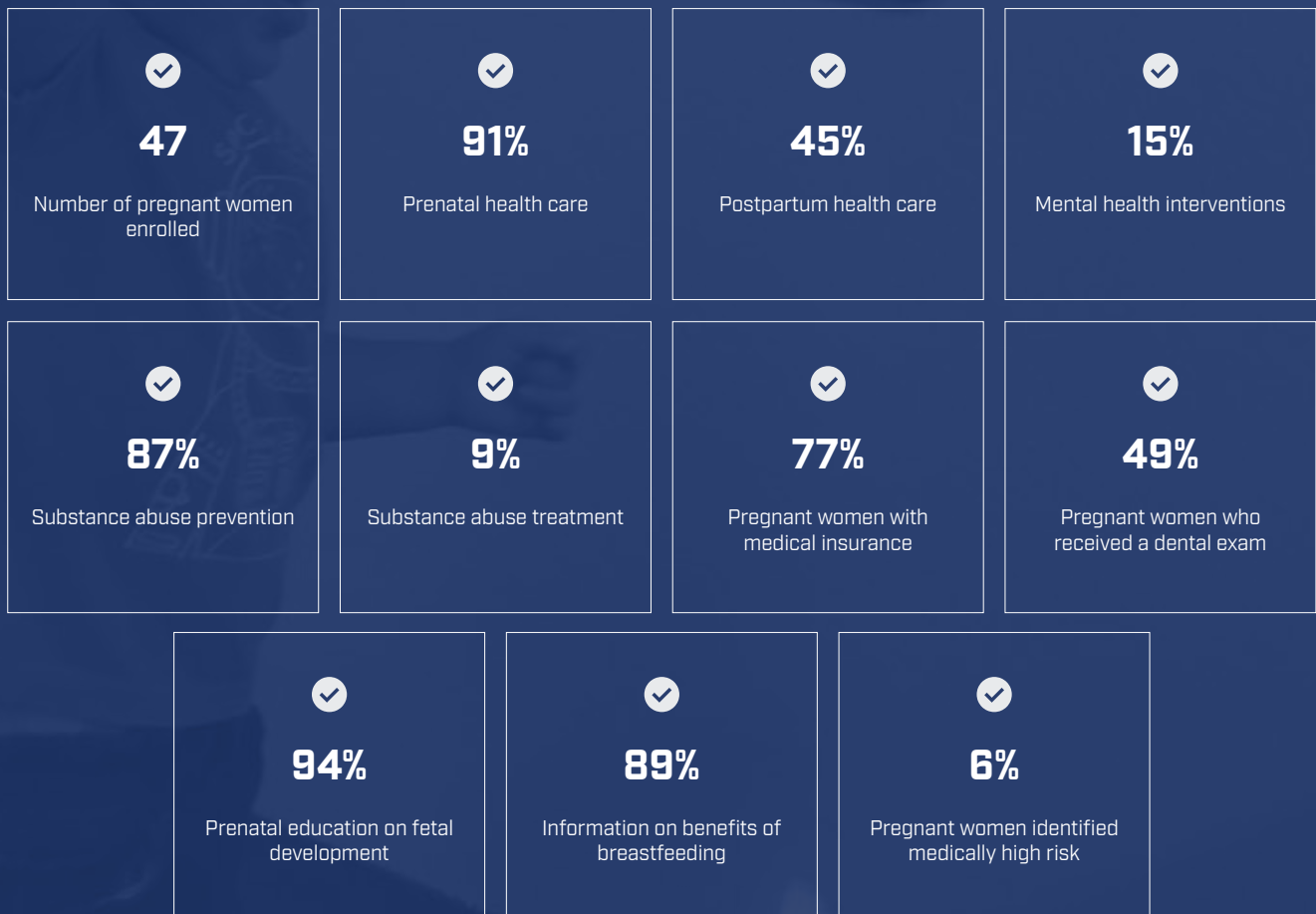


FAMILY SERVICES

ACCESS TO MEDICAL/DENTAL SERVICES

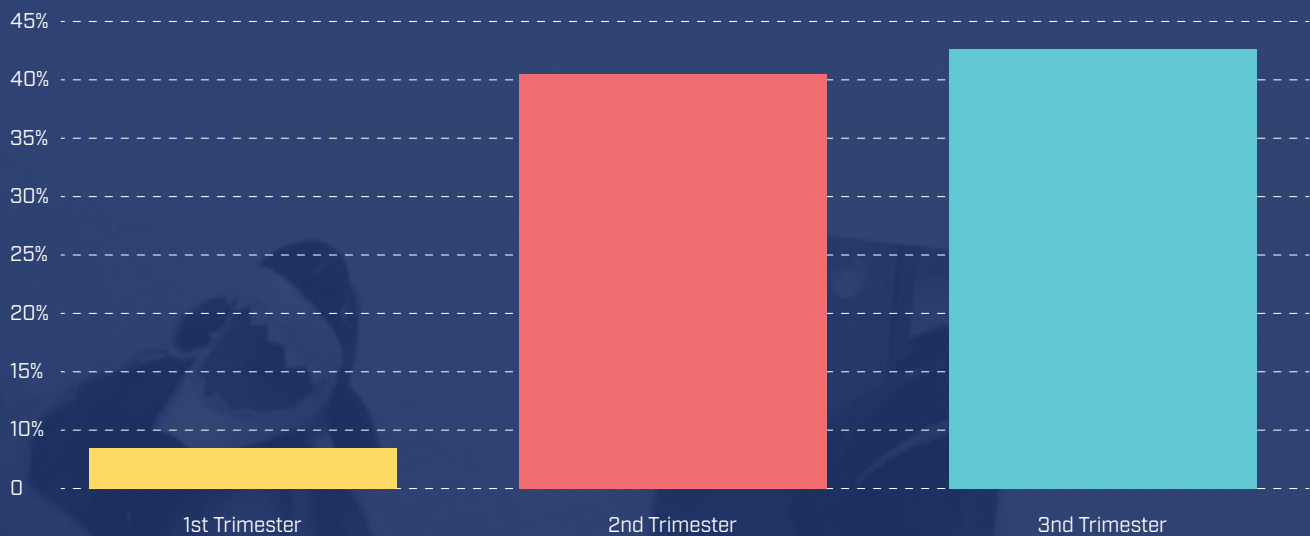


PREGNANT WOMEN SERVICES



FAMILY SERVICES

TRIMESTER THE PREGNANT WOMAN WAS ENROLLED



COMMUNITY PARTNERSHIP & HEALTH PROGRAM HIGHLIGHTS

Through community partners, Head Start programs deliver preventative health screenings, oral health education, dental health services, and support to families to access care from their medical and dental providers.

CENTER FOR ORAL HEALTH'S EARLY SMILES PROGRAM

Provided critical dental screenings to support children in maintaining good oral health and screening for caries. Between July 2023 and June 2024, 1,917 Head Start children received oral screening through the Early Smiles Program, of which 1,490 received fluoride varnish treatments.

Image below:

Center for Oral Health Early Smiles Program dental screening



CSUS SPEECH PATHOLOGY DEPARTMENT

Partnered with SETA to provide university students with clinical practice training to conduct hearing screening. CSUS students screened approximately 115 Head Start children in the 2023-2024 program year.

FAMILY SERVICES

UC DAVIS BETTY IRENE MOORE SCHOOL OF NURSING (BIMSON)

Masters Entry Program for Nursing Students completed their Summer Rotations. 12 Interns worked on projects that benefitted program staff, children, and families:

- ✓ BIMSON students administered 100 TB PPD skin tests on SETA Head Start staff at two onsite clinics while providing education about the disease, its management, and prevention.
- ✓ Early childhood health screenings that included growth assessments, hearing and vision screening, and blood pressure were conducted by the nurse interns on 250 Head Start children.
- ✓ BIMSON students delivered Coordinated Approach to Child Health (CATCH) training to program staff and children. They facilitated activities and games that involved physical activity, nutrition, health, and identifying different emotions to capture the mental health component

Image below:

UC Davis section: Physical activity with the Coordinated Approach to Child Health (CATCH) Project

Image below on right:

TB Screening Clinic



MEDICAL DENTAL REFERRAL AND NAVIGATION SYSTEM

SETA Head Start is part of the Medical Dental Referral and Navigation System (MDRAN) sponsored by the Sacramento County Department of Public Health, Medical Dental Advisory Committee (MCDAC). This has allowed SETA to use the MDRAN database utilized by Medi-Cal dental providers for information exchange. The health and nutrition services staff send direct referrals and help families navigate the Medi-Cal system. Referrals are made to set appointments and provide translation and/or transportation services directly to the dental provider.

HEALTH SERVICES ADVISORY COMMITTEE (HSAC)

Current parents, grantee and delegate staff, and community professionals such as nurses, dentists, and registered dietitians comprise the countywide Health Services Advisory Committee. The committee advises Head Start programs on health policies and advocates for families and children's medical, dental, and mental wellness needs. In the 2023-24 program year, the committee assisted Head Start in drafting an evidence-based COVID-19 mitigation policy which became a requirement for all Office of Head Start-funded programs. Additional projects by the committee include developing parent education materials promoting awareness of the importance of being up to date on children's preventative health screenings. The focus is on specific groups of families with children with proportionally lower completion rates of age-appropriate health screenings such as the bilingual and non-English speaking monolingual families, and families with children with developmental delays and behavioral concerns.

07 DELEGATES AND PARTNERS

UC DAVIS BETTY IRENE MOORE SCHOOL OF NURSING (BIMSON)

SETA HEAD START PROUDLY PARTNERS WITH 7 AGENCIES TO DELIVER HEAD START PRESCHOOL AND EARLY HEAD START SERVICES TO ELIGIBLE FAMILIES IN SACRAMENTO COUNTY. TOGETHER, ALL THESE AGENCIES RECRUIT AND ENROLL CHILDREN IN DIVERSE COMMUNITIES WITHIN SACRAMENTO, CITRUS HEIGHTS, RANCHO CORDOVA, ELK GROVE, GALT, WALNUT GROVE, AND ISLETON.

DELEGATE AGENCIES

ELK GROVE UNIFIED SCHOOL DISTRICT

SACRAMENTO CITY UNIFIED SCHOOL DISTRICT

SAN JUAN UNIFIED SCHOOL DISTRICT

TWIN RIVERS UNIFIED SCHOOL DISTRICT

W.C.I.C./PLAYMATE C.D.C.

PARTNERS

SACRAMENTO COUNTY OFFICE OF EDUCATION

RIVER OAK CENTER FOR CHILDREN

SETA would like to warmly thank its delegate agencies and partners who make amazing things happen for children and families in Sacramento County. We thank you for your investment in the future of the children of our community.

"Alone we can do so little; together we can do so much."
Helen Keller

2023-2024 AGENCY HIGHLIGHTS AND ACCOMPLISHMENTS

Each partner agency shared a few highlights for their program in 2023-2024, including parent and staff acknowledgments.

ELK GROVE UNIFIED SCHOOL DISTRICT

The district's Head Start program and other preschool programs successfully moved their enrollment procedure online in January 2024, aligning it with the rest of the district. This allowed the enrollment team to find families with eligible preschool-age children which helped increase its Head Start enrollment.



Elk Grove USD Head Start would like to acknowledge their collaborative work with Smile Keepers and the district's Family and Community Engagement Department (F.A.C.E.) that made a difference in the program in 2023-2024. Smile Keepers helped ensure children's teeth and gums were healthy through the dental screening it provided and helped identify any necessary follow-ups for oral hygiene. The F.A.C.E. Department helped the program connect families to community resources and services and provided translation services when communicating to families all the events.

PARENT AND STAFF SPOTLIGHT

One parent who represented Elk Grove USD Head Start at the Head Start California Parent Conference in Long Beach, CA impacted her positively. She shared valuable parenting techniques and educational opportunities to help improve her parenting practices and situation. She was very thankful for the experience and informed Elk Grove USD that it was a major highlight for her as a Head Start parent.

07 DELEGATES AND PARTNERS

ELK GROVE UNIFIED SCHOOL DISTRICT



Marlene Hair is an instructor in the program who exemplifies the department's core values and mission in working with the students and families. She makes great connections and creates a wonderful learning environment in her classroom. When the program has teachers who might be struggling, they visit Marlene's class to observe best practices and learn from her.



Neha Elsakka is an administrative staff who goes above and beyond her duties. She supports the program by writing reports and staying on top of incident reporting and monthly numbers. She is always willing to learn new things and is on top of all necessary assignments. She helps the program run smoothly and is a wonderful friendly face and connection when families call into the office.

SACRAMENTO CITY UNIFIED SCHOOL DISTRICT HEAD START AND EARLY HEAD START

- ✓ Head Start Preschool hosted two Dad's Day events in the spring that were well attended. Everyone was welcome to participate in the events, but these were specifically designed to promote father involvement in the program.
- ✓ Sacramento City USD Head Start would like to acknowledge The Center for Fathers and Families for helping the program develop partnerships with families, building and strengthening their parenting skills, and increasing access to resources.



PARENT AND STAFF SPOTLIGHT

- ✓ One EHS parent shared that the program has made a huge difference for her family because she could now work more hours without worrying about who would watch her kids.



May Song, Data Information Technician, Ella Yang, Child Development Program Technician, and Dawn Weymouth, Child Development Specialist I have been outstanding in their work ethic and tremendous support in getting the Early Head Start program open in 2023-2024. There was much behind-the-scenes work that needed to be completed before classes could open, without their contributions Sacramento City USD would not have been able to open its infant-toddler classrooms in June 2024.

SAN JUAN UNIFIED SCHOOL DISTRICT

- ✓ San Juan USD brought back the Kickin'it with Dads event and there was a great turnout with many families participating. The Head Start and Early Head Start programs were highlighted on San Juan Unified USD's Instagram and Facebook accounts four times during the 2023-2024 year.



07 DELEGATES AND PARTNERS

SAN JUAN UNIFIED SCHOOL DISTRICT

- ✓ The Early Childhood Education (ECE) department continues to increase Head Start and Early Head Start awareness in the community with its partnerships with the Equity Department to work with ECE staff on developing their equity lens to target and eliminate barriers, and with the Communications Department to help make Head Start more visible in the district. ECE also collaborates with the Special Education Department for professional development.

PARENT AND STAFF SPOTLIGHT



- ✓ Many of the Early Head staff are past parents who were encouraged to pursue their educational careers. At the recent staff retreat, many spoke about their experiences. One of the current EHS teachers, a former parent shared that her son (who attended EHS and HS) recently graduated from Columbia University and is currently applying to medical schools in the country.
- ✓ The ERSEA administrator and ERSEA team have been going above and beyond in building relationships with families and community partners and working hard to recruit to ensure full enrollment in the program.

TWIN RIVERS UNIFIED SCHOOL DISTRICT

- ✓ Twin Rivers USD Early Childhood Education (ECE) had a Multicultural Fair participated by over 20 community agencies, and featured multicultural performances, cultural activities for families, and cultural food tastings. Families actively engaged in the event by decorating cutouts emblematic of cultural attire to share their heritage. These were displayed and adorned the Morey Avenue campus where the event was held. The families came to the event in their cultural attires This celebration fostered community engagement and honored diversity, promoting a culturally responsive environment and building positive connections between families, staff, and the broader community.



07 DELEGATES AND PARTNERS

TWIN RIVERS UNIFIED SCHOOL DISTRICT

- ✓ Twin Rivers USD Early Childhood Education (ECE) had a Multicultural Fair participated by over 20 community agencies, and featured multicultural performances, cultural activities for families, and cultural food tastings. Families actively engaged in the event by decorating cutouts emblematic of cultural attire to share their heritage. These were displayed and adorned the Morey Avenue campus where the event was held. The families came to the event in their cultural attires This celebration fostered community engagement and honored diversity, promoting a culturally responsive environment and building positive connections between families, staff, and the broader community.



- ✓ The Ruby Bridges Walk to School event was a successful initiative in 2023-24. The event teaches children about the Civil Rights movement and how they can make a difference in their communities. Twin Rivers USD wrote and received a grant to support the program. During the event, children participated in a march and received bags with treats, banners, and flags funded by the grant.
- ✓ Carrington Dental College students provided engaging dental education and conducted dental screenings for the children. They enhanced the students' learning experience by performing puppet shows, reading books, and demonstrating dental hygiene routines, making the information accessible and enjoyable for the children. Their interactive approach supported the children's understanding of oral health in a fun and engaging manner.

PARENT AND STAFF SPOTLIGHT

- ✓ One grandmother expressed her appreciation for the support she has received with the program's comprehensive services, highlighting the positive impact on her family. Twin Rivers USD Head Start's Health Assistant Gloria Flemons went above and beyond by helping a grandmother who has custody of two grandchildren—one in Early Head Start and the other in Head Start—to secure a job within the school district. This support demonstrated the strength of our community resources and recognized the grandmother's capabilities and commitment to her family



WOMEN'S CIVIC IMPROVEMENT CENTER

- ✓ WCIC actively participated in key community events in the Oak Park community by setting up informational booths at the St. Hope Back to School and the La Familia Counseling Center Mercado Miercoles events. Program staff were also at the Tahoe Park Food Truck Event, Oak Park Trailblazers and Family Day, and local farmers markets. They distributed flyers and gave away notebooks, crayons, and markers to families who visited WCIC's table. This traditional face-to-face approach was more personal and it engaged community members, allowing them to meet program staff.
- ✓ WCIC's Head Start Programs benefited greatly from its continued collaboration with the Center for Oral Health (COH) through the existing Memorandum of Understanding (MOU). This partnership allowed them to provide essential dental screening services, timely dental check-ups, and treatments to keep children's teeth and gums healthy. COH has also provided families with important information about dental care resources in the community.



07 DELEGATES AND PARTNERS

WOMEN'S CIVIC IMPROVEMENT CENTER



Destiney Abila's family shared how much Head Start made a difference for them. Ms. Abila's family began their journey with WCIC when she was an unemployed single parent with two children. She was actively involved in the Policy Committee, serving as the Chairperson and eventually joining the WCIC Board while volunteering in the classroom. Through Ms. Abila's dedication and hard work, she landed a full-time job and now holds a managerial position. Despite challenges, Ms. Abila has accomplished professional achievements, and remained devoted to her family, including caring for her grandmother.



Aeshea Usher, Program Assistant consistently goes above and beyond in supporting classroom activities. She is a past Head Start parent in the program and is currently enrolled in a community college to obtain an Early Childhood Education degree. Her keen attentiveness to children and willingness to contribute wherever help is needed truly sets her apart. Ms. Aeshea's proactive approach and amazing support greatly enhance the learning environment in the classroom and ensure that every child receives the attention and care they need.

- ✓ Edenaugseboy Davis, Executive Director/Head Start Director embodies a spirit of dedication and compassion that goes above and beyond. She has led the community-based program for decades and built a sense of family within the organization. Ms. Davis' genuine care and commitment have fostered a supportive and nurturing environment where every team member feels valued and connected.

WOMEN'S CIVIC IMPROVEMENT CENTER



- ✓ One of SCOE Early Head Start's most successful family engagement activities centered around nutrition. After discussing how to support healthy eating at home, children and families helped each other prepare a healthy dish. The event ended with everyone sampling the dishes family style. Families received a healthy eating placemat, a divided toddler plate to help promote nutritious, balanced meals, and some healthy family recipes to try at home.



PROGRAM STAFF SPOTLIGHT



Michelle Oswalt Saldana is a home visitor in SCOE Early Head Start. She has given 110% to the program and to the EHS families. She connected with school districts to understand the transition process in receiving early intervention/ special education services through the school districts and supported families with an Individualized Family Services Plan (IFSP).



Nancy Padilla is a program analyst with SCOE Early Head Start and has supported the program in fiscal services. She kept the program on task with its spending plan and is recognized by her colleagues as an excellent thought partner.

07 DELEGATES AND PARTNERS

RIVER OAK CENTER FOR CHILDREN



River Oak
Center for Children

- ✓ In 2023-2024, River Oak Early Head Start focused on increasing family engagement and fostering parent-to-parent connections during socialization events. During socialization, there was an emphasis on encouraging families to build connections with each other by incorporating activities that promoted interactions with each other and discovering similar interests. By building these connections, staff observed an increase in attendance and families shared that they were creating playdates with each other.
- ✓ River Oak EHS strengthened its relationship with Black Mothers United. The program supported enrolled pregnant moms with prenatal education, labor support, and access to resources for birth delivery and newborn supplies. River Oak also received referrals for Early Head Start services from them.

PARENT AND STAFF SPOTLIGHT

- ✓ An EHS family presented their success story to the River Oak Board of Directors. They shared about the support they have received while navigating the special education services for three of their children. They also highlighted the community they have built through attending socializations.
- ✓ The entire River Oak EHS team has excelled and worked above and beyond this last program year. Despite being understaffed, the team has kept enrollment higher than expected (carrying more than 12 children at times). They were eager to welcome new staff and generously offered support to make them feel successful. Staff also worked successfully in helping families obtain health screenings for their children from their medical providers as reflected in the increased health services reports submitted to SETA.



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ACKNOWLEDGEMENT

Sacramento Food Bank & Family Services is dedicated to assisting those in need by alleviating their immediate pain and problems and moving them toward self-sufficiency and financial independence. We support a network of 125 partner agencies to provide nutritious food to our neighbors in need. In 2021, we also became the Diaper Bank for Sacramento County, supporting 70 partner agencies to distribute diapers to families with babies. Diapers are essential for the health, hygiene, and well-being of babies and toddlers. Without clean diapers, young children face greater health risks and are less likely to be

Lorena Carranza

Partner Agency & Community Engagement (PACE) Partnerships Manager
Sacramento Food Bank & Family Services



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