Families 123 4567 8901 2345
Grow Healthy
with WIC!

The Women, Infants, and Children (WIC) Nutrition Program provides healthy foods, nutrition tips, breastfeeding support, health care referrals and community information.

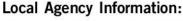
You may qualify if you:

- · Are pregnant, breastfeeding, just had a baby; or
- Had a recent pregnancy loss; or
- · Have a child or care for a child under age 5; and
- Have low-to-medium income; or
- Receive Medi-Cal, CalWORKS (TANF), or CalFresh (SNAP) benefits; and
- Live in California

Visit www.MyFamily.WIC.ca.gov or call 1-888-942-9675 for more information.



Newly pregnant individuals,
working families, including military
and migrant families are encouraged to
apply! WIC welcomes dads, grandparents,
foster parents, or guardians who care
for eligible children.



Community Resource Project WIC

Providing services at 8 locations in Sacramento County

Call us at 916-326-5830 or apply on-line





This institution is an equal opportunity employer.





